

INDALO CODEX METHOD

From Taos to the World!

Discover the Indalo Codex Method, born in Taos and now returning to help you heal and thrive.

Learn simple, dynamic meditations to:

- Sleep faster naturally
- Prevent respiratory allergies
- Cultivate a positive healing mindset

Open your arms and mind to new possibilities!

Experience dynamic psycho-immune meditations

FREE ENTRY

FREE Presentation & Practical Workshop Thursday, July 3rd, 6:00 PM
Mabel Dodge Luhan House (240 Morada Lane, Taos, NM).

